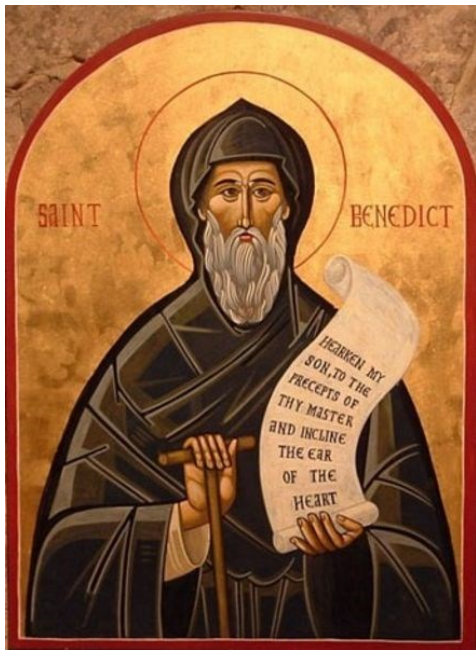


Spirituality of St. Benedict of Nursia



Instructor:
Paul Shireman

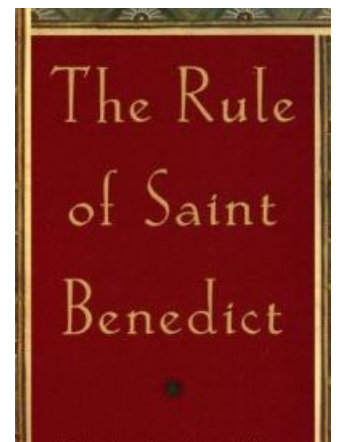
Site: Our Lady of Mount Carmel
14598 Oakridge Rd., Carmel
Thomas Aquinas Room

Mondays from 7 pm until 9:30 pm:

Dates: August 3, 10, 17, 24, 31, 2015.

Spirituality of St. Benedict of Nursia

is an introductory five week study of the spirituality of St. Benedict, the founder of Western Monasticism. Students will read and discuss The Life of St. Benedict and The Rule of St. Benedict, becoming familiar with the many gifts to Christian Spirituality that have been received from the monastic Tradition.



This Study will give you:

- Knowledge of the life and spirituality of St. Benedict.
- An understanding of Western monastic prayer.
- An appreciation of Western Monasticism.

Cost: \$100 for credit; \$60 for Audit — Plus Text.

Texts: *The Life and Miracles of St. Benedict*, by St. Gregory the Great, Liturgical Press: Collegeville, MN, ISBN: 0-8146-0321-1. *The Rule of St. Benedict In English*, Thomas Fry, editor. Liturgical Press: Collegeville, MN, ISBN: 0-8146-1272-5.

Registration is by email. Simply click on [Administrative Assistant](#).